

AHFC Central Girls 2025-2026 Training Schedule					
Team Name	Training Days	Time	Location	Third Sessions	Staff Coach
AHFC 18G Blue C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 4/ CR 6		Michelle Patrarca
AHFC 18G Black C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 1/ CRSP 4		Camilo Prado
AHFC 17G Blue C	Monday/Wednesday	5:00 PM - 6:30 PM	CR 4/ CRSP 3		Laura Flores
AHFC 17G Black C	Monday/Wednesday	5:00 PM - 6:30 PM	CRSP 3/ CR 3		Allie Byrd
AHFC 17G White C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 1/ CRSP 4		Camilo Prado
AHFC 16G Blue C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 5/ CR 1		Ben Garvin
AHFC 16G Black C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 6/ CR 2		Laura Flores
AHFC 16G White C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 6/ CR 2		Laura Flores
AHFC 15G Premier 1 C	Monday/Wednesday	5:00 PM - 6:30 PM	CR 1/ CR 7	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Rebekah Bastardi
AHFC 15G Premier 2 C	Monday/Wednesday	5:00 PM - 6:30 PM	CR 1/ CR 7	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Rebekah Bastardi
AHFC 15G Premier 3 C	Monday/Wednesday	5:00 PM - 6:30 PM	CR 2/ CRSP 5	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Ben Garvin
AHFC 15G Premier 4 C	Monday/Wednesday	5:00 PM - 6:30 PM	CR 2/ CRSP 5	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Ben Garvin
AHFC 15G Blue C	Tuesday/Thursday	6:30 PM - 8:00 PM	CRSP 4/ CR 1		Camilo Prado
AHFC 15G Black C	Tuesday/Thursday	6:30 PM - 8:00 PM	CRSP 4/ CR 1		Camilo Prado
AHFC 14G Premier 1 C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 7/ CR 2	Monday @ CRSP 6 from 5:00 PM to 6:30 PM	Uriel Lara
AHFC 14G Premier 2 C	Tuesday/Thursday	5:00 PM - 6:30 PM	CR 7/ CR 2	Monday @ CRSP 6 from 5:00 PM to 6:30 PM	Uriel Lara
AHFC 14G Premier 3 C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 1/ CR 4	Monday @ CRSP 6 from 5:00 PM to 6:30 PM	Rebekah Bastardi
AHFC 14G Premier 4 C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 1/ CR 4	Monday @ CRSP 6 from 5:00 PM to 6:30 PM	Rebekah Bastardi
AHFC 13G Premier 1 RL C	Monday/Wednesday	6:30 PM - 8:00 PM	CR 3/ CRSP 5	Thursday @ CRSP 6 from 5:00 to 6:30 PM	Uriel Lara
AHFC 13G Premier 2 RL C	Monday/Wednesday	6:30 PM - 8:00 PM	SM 1 / CRSP 5	Thursday @ CRSP 6 from 5:00 to 6:30 PM	Jose Medrano
AHFC 13G Premier 1 C	Monday/Wednesday	6:30 PM - 8:00 PM	SM 1 / CRSP 5	Tuesday @ CRSP 6 from 6:30 PM to 8:00 PM	Brandon Morris
AHFC 13G Blue C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 3/ CR 2		Laura Flores
AHFC 12G Premier 1 RL C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 1/ CRSP 5	Wednesday @ CRSP 6 from 6:30 to 8:00 PM	Ben Caldarera
AHFC 12G Premier 2 RL C	Tuesday/Thursday	6:30 PM - 8:00 PM	CR 2/ CRSP 5	Wednesday @ CRSP 6 from 6:30 to 8:00 PM	Uriel Lara
AHFC 12G Premier 1 C	Monday/Wednesday	6:30 PM - 8:00 PM	CR 4/ CRSP 3	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Laura Flores
AHFC 12G Premier 2 C	Monday/Wednesday	6:30 PM - 8:00 PM	CR 2/ CRSP 3	Tuesday @ CRSP 6 from 5:00 PM to 6:30 PM	Ben Garvin
AHFC 11G Premier 1 RL C	Monday/Wednesday	8:00 PM - 9:30 PM	CR 1/CRSP 4	Tuesday @ CRSP 6 from 8:00 PM to 9:30 PM	Ben Caldarera
AHFC 11G Premier 2 RL C	Monday/Wednesday	8:00 PM - 9:30 PM	CR 3/ CRSP 4	Tuesday @ CRSP 6 from 6:30 PM to 8:00 PM	Uriel Lara
AHFC 11G Premier 1 C	Tuesday/Thursday	6:30 PM - 8:00 PM	CRSP 5/ CRSP 5	Monday @ CRSP 6 from 6:30 PM to 8:00 PM	Brandon Morris
AHFC 11G Premier 2 C	Tuesday/Thursday	8:00 PM - 9:30 PM	CRSP 5/ CR 2	Wednesday @ CRSP 6 from 6:30 PM to 8:00 PM	Laura Flores
AHFC 10G Premier RL C	Tuesday/Thursday	8:00 PM - 9:30 PM	CR 2/ CRSP 4	Wednesday @ CRSP 6 from 8:00 PM to 9:30 PM	Ben Caldarera
AHFC 10G Premier 1 C	Tuesday/Thursday	8:00 PM - 9:30 PM	CRSP 5/ CRSP 5	Wednesday @ CRSP 6 from 8:00 PM to 9:30 PM	Brandon Morris
AHFC 10G Premier 1 C	Monday/Wednesday	8:00 PM - 9:30 PM	CR 2/ CRSP 3	Tuesday @ CRSP 6 from 8:00 PM to 9:30 PM	Ben Garvin
AHFC 09G Premier 1 RL C	Monday/Wednesday	8:00 PM - 9:30 PM	SM 1/ CRSP 5	Thursday @ CRSP 6 from 8:00 PM to 9:30 PM	Brandon Morris
AHFC 09G Premier 2 RL C	Monday/Wednesday	8:00 PM - 9:30 PM	SM 2/ CRSP 5	Thursday @ CRSP 6 from 8:00 PM to 9:30 PM	Jose Medrano
AHFC 07/08G Premier RL C	Tuesday/Wednesday	5:00 PM - 6:30 PM	Cullen Park		Hamza Bouanssir
Location Legend					
CRSP	Campbell Road Sports Park- 3601 Campbell Road				
CR	Campbell Road (Old Campbell)- 3911 Campbell Road				
SM	St Marks Lutheran- 1580 Pech Rd				
Third Session Legend					
Block 1	08/11/25 - 10/02/25 & 3/16/26 - 05/07/26				
Block 2	10/06/25 - 12/04/25 & 01/12/26 - 03/05/26				